

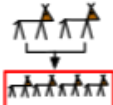





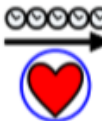




Year 2, Autumn 2 – animals including humans

Lesson 1 Can I understand the importance of a balanced diet?		Lesson 2 Can I understand the importance of exercise and hygiene for humans?		Lesson 3 Can I notice that humans have offspring that grow into adults?		Lesson 4 Can I understand that animals have different lifecycles?	
 balanced diet	A variety of food that you regularly eat	 exercise	When you exercise, you move your body energetically to get fit and to remain healthy	 offspring	A person's children or an animal's young		
 bones	The hard parts inside your body which form your skeleton	 healthy	Well and not suffering from any illness	 skeleton	The framework of bones in your body		
 disease	An illness which affects people, animals, or plants	 hygiene	Keeping yourself and your surroundings clean, especially to prevent illness or the spread of diseases	 survive	Continue to exist		

