

GLOWFIT

WITH LUCY

DANCE IN THE DARK TO CHART HITS WITH GLOWSTICKS & DISCO LIGHTS!

IT'S A FUN WORKOUT FOR 4-11 YEAR OLDS THAT BUILDS
CONFIDENCE, IMPROVES FITNESS AND IS REALLY EASY TO FOLLOW!

THE MARIST CATHOLIC PRIMARY SCHOOL

Fridays 07.45am – 08.45am

SESSIONS TO BE PAID HALF TERMLY

EYFS – YEAR 6

Enquire now for 2025 spaces fill up quickly!

Sibling discount available*

FOR MORE INFORMATION PLEASE CONTACT LUCY ON:

Email > glowfitwithlucy@hotmail.com

Mobile > 07592 473119



£40

17th Jan – 7th Feb